

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Eylen Thomas HEADCOACH

Coaches: Eugene Astrid

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:2, starttime: 14:35	
Heat: 2/5 Lane : 5 Athlete: BOXHO VALENTINE							Q-time: 05:15:60	
PB (50m pool): 05:15.60 Woluwe-Saint-Pierre 25/05/2025							PB (25m pool): 04:59.07 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:15.92	no time	02:37.60	no time	03:58.17	no time	05:15.60
	no time							
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:3, starttime: 14:40	
Heat: 3/5 Lane : 3 Athlete: GAYTANT MIRTHE							Q-time: 05:05:85	
PB (50m pool): 05:05.85 La Louvière 25/05/2025							PB (25m pool): 04:51.60 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:12.55	no time	02:30.39	no time	03:48.93	no time	05:05.85
	no time							
								

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:1, starttime: 15:00			
Heat: 1/12 Lane : 8 Athlete: HEBBELINCK RUBEN					Q-time: 99:99:99			
PB (50m pool): no time					PB (25m pool): 02:15.97 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M				
PB	no time	no time	no time	no time				
	no time							
								

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: ZORO

Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:9, starttime: 15:45		
Heat: 9/9 Lane : 2 Athlete: DE CORTE ALIX			Q-time: 00:36:27		
PB (50m pool): 00:36.27 La Louvière 25/05/2025			PB (25m pool): 00:36.55 SB: no time		
	5 0 M				
PB	00:36.27				
	00:36.27				
					

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:11, starttime: 16:05		
Heat: 11/14 Lane : 7 Athlete: BOXHO VALENTINE			Q-time: 00:32:62		
PB (50m pool): 00:32.62 Wezenberg 03/01/2026			PB (25m pool): 00:32.05 SB: 00:32.62 Wezenberg 03/01/2026		
	5 0 M				
PB	00:32.62				
	00:32.62				
					

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:12, starttime: 16:05		
Heat: 12/14 Lane : 7 Athlete: BOXHO ALICE			Q-time: 00:32:03		
PB (50m pool): 00:32.03 SportinGenk Park 21/04/2025			PB (25m pool): 00:32.29 SB: 00:32.90 Wezenberg 03/01/2026		
	5 0 M				
PB	00:32.03				
	00:32.03				
					

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:14, starttime: 16:10		
Heat: 14/14 Lane : 1 Athlete: GAYTANT STERRE			Q-time: 00:29:79		
PB (50m pool): 00:29.79 Antwerpen 27/04/2025			PB (25m pool): 00:28.59 SB: no time		
	5 0 M				
PB	00:29.79				
	00:29.79				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: ZORO

Event number: 35: 50M FREESTYLE MEN 13+				Heat:6, starttime: 16:15	
Heat: 6/12 Lane : 7 Athlete: KUKULSKIS DANIEL				Q-time: 00:29:72	
PB (50m pool): 00:29.72 Antwerp 02/02/2025				PB (25m pool): 00:27.30 SB: no time	
	5 0 M				
PB	00:29.72				
	00:29.72				
					

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+				Heat:11, starttime: 16:20	
Heat: 11/12 Lane : 2 Athlete: EUGENE FELIX				Q-time: 00:26:33	
PB (50m pool): 00:26.33 La Louvière 25/05/2025				PB (25m pool): 00:25.68 SB: 00:26.39 Wezenberg 03/01/2026	
	5 0 M				
PB	00:26.33				
	00:26.33				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+				Heat:2, starttime: 16:30	
Heat: 2/6 Lane : 9 Athlete: HEBBELINCK RUBEN				Q-time: 99:99:99	
PB (50m pool): 03:23.03 Zwembad Brigitte Becue Oostend 19/05/2025				PB (25m pool): 02:50.13 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:23.03	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+				Heat:3, starttime: 16:30	
Heat: 3/6 Lane : 7 Athlete: KUKULSKIS DANIEL				Q-time: 02:44:00	
PB (50m pool): 02:44.00 Woluwe-Saint-Pierre 25/05/2025				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:20.37	no time	02:44.00	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: ZORO

Event number: 38: 100M FREESTYLE WOMEN 17+					Heat:3, starttime: 16:50	
Heat: 3/4 Lane : 9 Athlete: GAYTANT MIRTHE				Q-time: 01:04:97		
PB (50m pool): 01:04.97 Antwerpen 13/07/2025					PB (25m pool): 01:01.81 SB: no time	
	5 0 M	1 0 0 M				
PB	00:31.20	01:04.97				
	00:31.20	00:33.77				
						

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:6, starttime: 17:15	
Heat: 6/7 Lane : 9 Athlete: DE CORTE ALIX					Q-time: 03:03:82	
PB (50m pool): 03:03.82 Aalst 28/06/2025					PB (25m pool): 02:55.00 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:40.55	01:27.95	02:16.47	03:03.82		
	00:40.55	00:47.40	00:48.52	00:47.35		
						

Coach feedback:

Event number: 42: 100M BACKSTROKE WOMEN 17+					Heat:1, starttime: 17:50	
Heat: 1/2 Lane : 5 Athlete: BOXHO ALICE					Q-time: 01:18:24	
PB (50m pool): 01:18.24 SportinGenk Park 21/04/2025					PB (25m pool): 01:13.99SB: no time	
	5 0 M	1 0 0 M				
PB	00:38.12	01:18.24				
	00:38.12	00:40.12				
						

Coach feedback:

Event number: 43: 100M BUTTERFLY MEN 17+					Heat:1, starttime: 17:55	
Heat: 1/3 Lane : 7 Athlete: EUGENE FELIX					Q-time: 99:99:99	
PB (50m pool): 01:08.41 Zwembad Brigitte Becue Oostend 10/05/2025						
PB (25m pool): 01:04.91 SB: no time						
	5 0 M	1 0 0 M				
PB	no time	01:08.41				
	no time					
						

Coach feedback: